

# **OUTCOMES MATTER**



Patsy Rose is an 84-year-old female who admitted to Pecan Bayou on January 4th, 2024, after a stay in the hospital for increased shortness of breath and weakness. She initially presented with increased muscle weakness and increased shortness of breath with minimal exertion. She received PT, OT, and ST during her stay at Pecan Bayou.

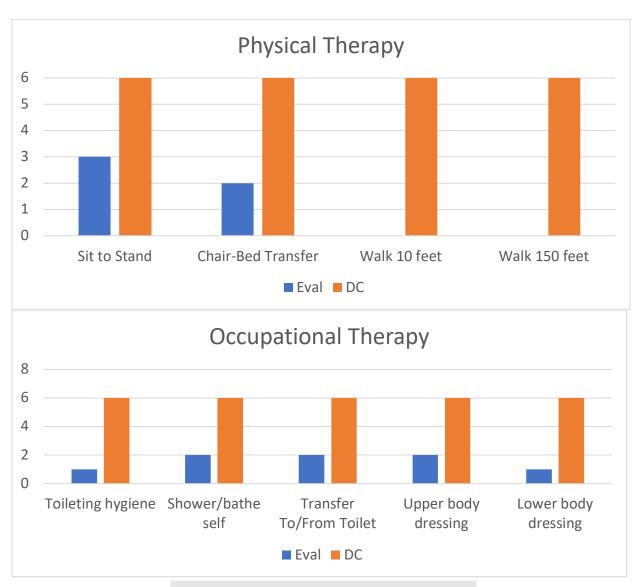
Her physical therapy evaluation showed she needed significant assistance with bed mobility and transfers. And she did not walk on the initial PT evaluation. Physical therapy focused on improving lower extremity strength, standing activity, bed mobility and gait.

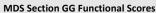
Her occupational therapy evaluation showed she needed significant assistance with bathing, toileting, and dressing. Occupational therapy focused on improving hygiene and toileting tasks as well as upper/lower body dressing.

Her speech therapy evaluation showed some new onset difficulty with swallowing. Speech therapy focused on improving overall oral intake while following good safety techniques/precautions.

Mrs. Rose began to show progress with sitting tolerance and getting out of bed. She started to show improvement with standing activity and walking longer distances with her walker without shortness of breath. She became more independent with toileting and transfers. She also showed improvement with swallowing and met her goals for speech therapy.

She became independent with all tasks and was able to discharge home from Pecan Bayou on February 1st, 2024. She walked out of the facility with her walker the day of discharge.





## 06 - Independent

Completes the activity by him/herelf with no assistance from a helper

#### 05- Setup or clean-up assistance

Helper sets up or cleans up; patient completes activity. Helper assists only prior to or following the activity.

#### 04 - Supervision or touching assistance

Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as patient completes activity. Assistance may be provided throughout the activity or intermittently.

## 03 - Partial/moderate assistance

Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs, but provides less than half the effort.

## 02 - Substantial/maximal assistance

Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.

01 - Dependent	
Helper does ALL of the effort. Patient does none of the effort to	
complete the activity. Or the assistance of 2 or more helpers is required	
for the patient to complete the activity.	